

Egg Nog ~ THM S

Holiday parties demand holiday beverages, and no beverage screams holiday more than egg nog! This rich, sweet drink is sure to please everyone at your gathering. It is super simple to make and I challenge you to find someone who doesn't like it just as well as it's sugary store bought counterpart.

You Will Need:

- large eggs
- [xes sweetener](#) or [gentle sweet](#)
- [mineral salt](#)
- almond or cashew milk
- [vanilla extract](#)
- ground nutmeg
- heavy whipping cream



■ Mix eggs, sweetener and salt



Over low heat add liquids except cream



■ Chill mixture before adding cream



ENJOY!!

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