

Christmas Cookie Exchange ~ Local Get-Together

Join us for a Trim Healthy Mama Christmas Cookie Exchange! We will have lots of fun sharing holiday treats, recipes and ideas for working the plan during the holidays! What do you need to do to join?

- Date and Time: Tuesday, December 18th from 6:30pm to 8:00pm.
- Participants each bring 2 dozen, on-plan cookies to share.
- If you can, bring enough copies of your recipe to send with other participants (I will give you a number before the party). If you cannot, if you would please post your recipe on the event page that would be great!
- Cost is \$10 per participant. (\$5 for those who have attended my classes before.)
- Containers will be provided for you to take your cookies home with you.
- On-plan drinks and snacks will also be provided.
- Minimum 5 participants, maximum 24 participants.
- RSVP by commenting below, joining this event on Facebook, by texting 315-282-7294, or by email at coachshannonsjourney@outlook.com. Address for party will be sent to you via email once your payment is received. It will be in Fenton, MO.
- Payments can be made through PayPal by clicking the button below.

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