

Stuck in a Rut? Try these recipes!

Everybody gets stuck in a food rut sometimes. It is great to have an arsenal of family friendly recipes to go to. Give some of these a try, you'll be glad you did!



Top 10 Hubby Lovin' THM Meals from the Cookbooks:

1. Hubby Lovin' Chicken, pg 218 in Trim Healthy Table
2. Lazy Lasagna, pg 140 in the Trim Healthy Mama Cookbook
3. Egg Roll in a Bowl, pg 62 in the Trim Healthy Mama Cookbook
4. Cheeseburger Pie, pg 149 in the Trim Healthy Mama Cookbook
5. Cowboy Grub, pg 59 in the Trim Healthy Mama Cookbook
6. Chicken Double Fried Rice, pg 53 in Trim Healthy Table
7. Pearl's Chili, pg 101 in the Trim Healthy Mama Cookbook
8. Creamy Chicken Lasagna, pg 50 in Trim Healthy Table
9. Tuscan Cream Chicken, pg 72 in Trim Healthy Table
10. Little Sweet Little Spicy Drumsticks, pg 221 in Trim Healthy Table

Trim Healthy Mama